PAINS AND GAINS OF WORKING WOMEN

Dr.Saima Shaikh Dr.Kiran Sami

ABSTRACT

Throughout the ages, the problems of the women have been the subject of the study, from the ancient to the modern times. The women studies included the study of nature of women their ambitions and aspirations, desires and wishes, losses and achievements. The achievements of women in different fields of life during different times have contributed to the improvement of their power and position in society. In fact the place of women in less developed societies has inspired much debate. Women in these male-dominated societies have increased the level and intensity of this debate. This paper highlights the contribution of women and analyzes their role in social and economic development.

The women are playing very important role in society as devoted mother and sacrificing wife during various periods of time. In the Holy Quran the women are exhorted to be modest, chaste, and to lead a life of decorum and decency which is interpreted by the religious scholars as dignity and honor for women. Women are losing their rights in this period of time characterized by advanced science and technology. Islam has differentiated between the men and women in terms of responsibilities. Islam gave clear directions regarding the status and the position of the women. These are the directions regarding social and financial rights of women. Mostly women workers in the urban areas fall into three distinct categories: (a) Migrants from villages (b) Self employed or employed in Industries (c) Highly educated and work in higher ranks. The study shows that working women are facing multiple tasks now-a-days, with multiple stresses and different types of sociopsycho dimensions.

Key words: Globalization, Status of women, Gender-discrimination, Social disparity, Rights and responsibilities, working women,

INTRODUCTION

Globalization has brought about many changes in society including a change in the status of women. At present females are participating in all walks of life. They are also participating actively and contributing to family budget. They are sharing

responsibilities with their male partners in house. Liabilities with men, even after doing their traditional responsibilities problems specific to women have to be highlighted in considering issues like time management, work distribution.

Some working women accept that there is role conflict in their lives. Some women very worriedly replying that when they are in highly skilled and competitive jobs and holding very responsible posts are getting over conscious about their official duties and obligations towards family chores, their husband and children might be neglected or may Allah save us that other family members or colleagues starts blaming that she have not been able to do justice to their multiple duties. This creates a problem of inner conflict and frustration which they experience particularly if they are very keen to run both their homes and Frustration/tension is fact more in those cases who devote more time and energy to occupying a job or profession. Multiple task oriented females have more problems of inner conflict and tension which they experience, particularly if they are very keen to run both their homes and work tension is in fact creates more in those cases where the wife has to devote more time and energy to absorbing or occupying the official duties.

Above all giving birth to children, the nurture of those born, and the daily routine of household life, these matters the wife is visibly the cause which effects. The important conditions which affect a person to women's mental victimization are status and frustrations, life stresses and career crisis. These all focuses attention not only on the aggressive act itself but also on the person who uses aggression and the person against whom aggression is used. The main cause is assaulting of a woman, physically or mentally by man (husband in many cases). The man who either feels at a disadvantage with women or who feels at an advantages position in demanding a specific thing from a woman he is actually demand or Jealous or lacks resources, and so on are the causes of quirked behavior.

Working ladies admit that their suggestions are properly taken by the family members sometimes their suggestions are only heard and sometimes it is duly cared and honored. With the active participation of working women outside the home changes in the respective roles of the husband and the wife are desirable for example the husband needs to participate in the rearing of children, and helping in domestic activities.

Types of Working Women's

Women workers in the urban areas fall into three categories:

- The first category consists largely of migrants from villages and members of families whose economic position has deteriorated to near starvation. The women of this class work mainly as domestic servants and as unskilled labor in various industries.
- The second category consists of women, who need employment either to keep their families away from starvation or to ensure better standard of living. Most of such women are found employed in industries, services and professions. Some are even self-employed.
- The third category consists of women who are highly educated and work in higher ranks of services and professions for personal satisfaction and independence, and courage for having their own name at higher position.

WORKING WOMEN IN THE LIGHT OF ISLAM

Islam gives equality to women in relation to men in many respects. It makes a case for the dignity of women. In Holy Quran it is mentioned that "Women are the twin halves of men".

"The world and all the things in it are valuable but the most valuable thing in the world is a virtuous wife".

"God enjoins upon you to treat women well for they are your mothers, daughters and aunts".

Islam gives rights of inheritance of property to women as a daughter, a wife, a mother, a sister and in some cases even distantly related. But when a man has a son and a daughter both, the share of the daughter is, half that of the son' why because the financial liability is totally on man's shoulder, more or less on any condition the men has to fulfill all the financial requirements of his wife and children P 75

METHODOLOGY

The study was conducted in Hyderabad, Sindh University environment the data collection work as done with the help of interview schedule and case study of few the purpose of the study to find out the misuse of certain God Fitted item, which s in the shape of Educated, Healthy, Wealthy partners, The study is descriptive which is made by self valuation questionnaire.

THE HEALTH PROBLEM OF WORKING WOMEN

Women's health status is basic to their advance in all fields of endeavor. Any serious attempt to improve the health of women must deal firstly with physical as well as mental over loading that have an impact on their health status. In this sense the health problems of women have been identified for priority attention.

RECOMMENDATIONS

- There is need to organize all the working women both at the local and the state level.
- The social scientists are required to conduct research on various conditions of women in society.
- Women income is spending on the maintenance of the family rather in increasing her assets, why?
- Working women's forums and unions should be reorganized. Unions can be helpful to address these issues of women.
- Every family member need to help in house hold specially, the husbands of working women should support their wives.
- The conflicts between husbands and wives should be resolved through family counseling.
- Organize women's meetings in different localities to discuss with them not only their specific problems and struggles but also general problems of their interest.
- Create public pressure, organize direct mass demonstrations and code Islamic instructions (*ayat*) which protects women from financial liability.
- The women workers at any stage may be given due respect and protection.
- In the rural areas more women are working at house as well as in field (agriculture) as unpaid family workers (laborers).

They are contributing to the development of country. Thus, they deserve appreciation.

- The rules for the protection of women may be implemented in the letter and spirit.
- The working women at University may be given incentives in order to develop their career.

CONCLUSION

The paper concluded that the burgeoning body of emotions and multiple tasks of day to day life that working women of today are combined with, whole working women have become marginally visible in the whole family and can adequately recognized in family development. The purpose of the study is to realizing the society that how they misuse of certain God-gifted item, which is in the shape of Educated Healthy wealthy partners. And they mightily mishandling and miscuing them.

Last but certainly not least that the feelings of working women are becomes self at the end.

REFERENCES

Ahuja, Ram. Sociological Criminology, (New Delhi: New Age International, 1996).

Ahuja, Ram, *Violence Against Women*, (Delhi: Rawat Publications, 2003).

Behbel, August, *Women in the Past, Present and Future*, (New Delhi: Deep and Deep Publications, 1996).

Bhushan, Jamila Brij, *Muslim Women*, (New Delhi: Viras Publishing House, 1980).

Buss. A. H., *The Psychology of Aggression*, (New York: John Wiley, 1961).

Chaudhary. S. N., *The Employment of Women*, (New Delhi: Deep and Deep Publications, 1994).

Geonesekere Savitri, Violence, Law and Women's Right in South Asia, (New Delh: Sage Publications, 2005).

Mohanty, Monoranjan, *Class, Caste, Gender*, (New Delhi: Sage Publications, 2004).

Rattain, Vijay, *Empowering Women*, (Delhi: M.D.Publication, 2000).

Sunder Lal, Dr., *Social Status of Women*, (Jaipur: ABD Publishers, 2005).

Sharma, Anuradha, *Women and Work*, (New Delhi: Gyan Publishers, 1999).

Sharma, Annuradha, *Women and Work, Human Resource Management Perspective*, (New Delhi: Gyan Publications, 1999).

Sunder, Lal, Social Status of Women, (Jaipur: ABD Publishers, 2005).

Steinman & Strans, Violence in the Family, (New York: Harper and Row, 1974).