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IMPACT OF STUDENTS DAILY WORKING ROUTINE ON THEIR ACADEMIC ACHIEVEMENT AT SECONDARY SCHOOL LEVEL

Abstract

This study was conducted to determine the impact of daily working routine and academic achievement of the students. Daily working routine is very important and it may actually affect individual's overall performance and achievements. However, these all are associated by how individuals manage their time to get result with their daily routine and to make to run steadily with their practices. Encouraging situations and circumstances certainly indorse progressive consequences to the students, moreover taking good lectures given by their teachers. However, students' daily working routine can be measured as one of the characteristic that can change a student to be a good student. A good time management is energetic for students to polish. Some of the students do not have a good time management skill that has undesirably distress their life and their achievement of their academics' result. The convention of time by students in secondary education institutes is interrelated to their activities and daily routines.

Key Words: Daily routine, impact, academic performance

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Introduction

Generally, students learn formal and non-formal modes of education that are schools, colleges and universities also upon university as a mode of non-formal education however another mode of education which is called informal education in this setting students learns through learning environment at home. society and experience of life etc. Different students have different routines, but one is exciting as compared to others. Such as student's job to set the bed, clean up the room, Brush teeth, take a bath. After half an hour breakfast watch some programme on TV, mostly some news or Cartoons. Doing homework, after spending few of hours on homework, get some free time. Do leave for school and after coming back, took a rest and evening walk. Coming back watch some TV, it's a common understanding that TV programs have negative impacts on student's life, but there are some other programs too having positive effect on learning capabilities, went to bed and get to sleep Buschbacher & Clark, (2004).

Point in time, as we know that good teachers recycle students daily routine works with better tolerance level do well with students at all level of achievements. Daily routines development such as those taught at school but can also help to provide sentiment instruction on in variety of subjects Ahmad, (1997). Below are some tasks teachers used to establish:

Counting Lunch Time

Getting Home Work

Submitting Home Work

Recess Timings

Statement of Problems

The study was developed to investigate “the impact of students daily working routine on their academic achievement at secondary school level.

Objectives of the study

- To find out the level of impact of daily working routine on the achievement of the students,
- To explore the difference between male and female students’ academic achievement.

Signification of the study

This study will be significant for the academic achievement through use of television programs that show they can improve their learning process. It will provide a base for the furthered researches about the impact of student’s daily working routine on their academic achievement. This study will be useful to improve the educational standards of any country.

It would be realizing the student about the importance of television programs which are helpful in their studies. It would be helpful for parents to realize their duties regarding the education of their children. It would be helpful for the teacher to relate the television programs with activities in the classroom

Research Questions:

- How much is the level of impact on daily working routine of the academic achievements of the students?

- By whom is the any relationship being in-between male & female academic achievements??
- What is the difference between public and private student's academic achievement?

Review of Related Literature

Achievement is defined as, completing a piece of work which has taken lot of effort. Students achieved a lot of progress and goals, and this is a subjective manner like knowledge, learning and listening effectively. Learning is continuous effort, and take a lot of time. And, Understanding is a skill which is developed with the passage of time. There is minor difference Between student learning and Student achievement, and these are the points which should be considered to define and assess accomplished teaching Aslam, (2003). While we talk about Accomplishment, this should be reflecting skillful practice measures' and must be contributing towards Student's level of learning.

There are several elements of students' achievements, Great Teacher raises students' achievements. Great teachers do Great within students at every level of achievement, and there is nothing a proof that teacher educational level and/or how good he/she performed in University or/and during a certification examination co-relates towards quality of skills/teaching.

The probability for this is massive Gender diversity, and the un noticed behaviors which leads the students' behaviors and can further leads to any achievements' across Pakistan Shahud, (2002). Just consider an example, Parents, and girls specifically in siblings pay not much attention on their studies

as compared to Male/Boys by whom family ownership or earnings are expected. Conversely, there is also a gender diversity in class rooms, interaction among different sexes is also measure to evaluate the performance related stuff. Gender of child is important as it determines the set norms and standards according to society. Other external factors, like class room, teaching techniques, exams criteria, results notifications, instructions being provided by teaching and supporting staff, and finally home environment Berk, (1988). If a student has Private Home coming tuition, then it likely to get more score but when compared to publically studied kid, efficiency of privately educated student is quite low. Based on this analysis, we can say that poor performance includes the compliment of privately tuition measures Gorman, (2005).

Research Design

This approach is descriptive in nature to go inside the phenomena. As the study is description in nature, the sampling was convenient sampling. The researcher went inside the selected public and private secondary schools to gather intended information Oakes, (2005).

Population

All the public and private schools of district Lahore was the population of this study.

Sampling

Convenient sampling was used for data collection, due to time and resource limitations. fifty males and 50 female students of public and private secondary school were the subject of the study.

Instrumentation

A five-point liker scale questionnaire was developed to collect the data. And got valid by supervisor. The questionnaire was consisted total 24 items from which 3 items were related to daily working routine, 3 items were related to impact Television, 6 items were related to rules and routine and 12 items were related academic achievement of the students.

Data Collection

Personal visit to the selected public and private secondary schools Lahore for data collection. 100% data from sampled public and private secondary schools was collected for factual results.

Data Analysis

For analysis of data were initially used SPSS. Mean and standard deviation were taken.

Analysis and interpretation

The study was intended to intricate the influence of "Students" daily working routine on their academic achievement at secondary school level. Data was collected from the sample of 100 students from public and private secondary schools. The instrument used to collect data was a questionnaire with five Likert scale. Data was analyzed manually. The proceeding chapter presents the analysis of data in the form of tables and graphs, following by interpretation. The brief description is as under:

Table 1

Correlation between students' achievement

		Students Achievement	Daily working routine
	Pearson	1	-.067
	correlation		.508
Students	Sig. (2tailed)	100	100
Achievement	N		

It shows there is significant Correlation at the .508 level (2 tailed).

Summary of above table shows that value of co-relation is not strong significant level of .508. this indicates there is a no linear relationship exists between students daily working routine and academic achievement

Table 2

Gender	N	Mean	Std. Deviation	T	Sig.(2tailed)
Male	33	1.0027E2	5.78939	-	.014
Female	67	1.0410E2	7.8066	2.499	

The summary of above statistical test shows that there is strong significant difference exists between students daily working routine and academic achievement.

Analysis of Students Perception Private and Public Secondary Schools.

Statement	Mean
I get up early in the morning every d	4.14
I follow time table for study every day.	4.11
I spend some time with my family in the evening	3.84

The above statically result shows that the student's perception that daily working routine of the student has an impact on their academic achievement. They also perceive that they can update their academic achievement with the help of daily working routine.

Table 4

Analysis of students Perception of public and private schools

Statement	mean
Daily help of students create an efficient environment for saving the time.	4.38
For performing daily activities more quickly the student know daily routine .	4.43
Rules and routines can be developed, depending on situations or people.	4.18
Routine need to be concise and observable.	4.11
Teacher's daily working routine can play a role model for the students.	4.25
Government schools give a lot of work to their students in their daily routine.	3.92

The above statistical result shows that the students perception towards choice of good daily working routine. It is perceived that good daily working routine can high the standard the any nations" value. They perceive that reaching is not problematic with their family responsibilities because reaching hours will fit for them.

Statement	Mean
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Co curriculum activities ought to be based on the student's age, interests, individual differences and their academic achievement.	4.34
The knowledge, skills and attitudes are necessary to enable students' academic achievement.	4.51
Quality of performance has become the key factor for personal achievement.	4.32
Parents desire that their children climb the ladder of performance to as high a level as possible.	4.52
The achievement of student is the status of subject-matter knowledge, understandings, and skills at one point in time.	4.3
Good teachers do well with students at all level of achievement.	4.49
The result confirm that good teachers increase student achievement.	4.54
Personal characteristics appear significant determinants of achievement in schools.	4.07
Long study hours may make the students tired and unable them to concentrate on homework.	4.31
Academic achievement is an important figure for students performance.	4.37
Good teachers help raise students achievement.	4.46
Student regular attendance is an indicator of their success	4.58

Summary

This study basically aims to highlight the impact of students "daily working routine and academic achievement at secondary school level. This study has clarified that there is a

great impact of daily working routine of the student on their student on their academic achievement. It is also perceived that the student can perform daily activities more quickly it also provides opportunities for teachers to develop professional abilities that they can help the students in modifying their daily working routine and through that they can get more affective result in the students "academic achievements. The researcher selected students of public and private secondary schools Lahore as her population. The researcher faces so many difficulties because the students were busy in their monthly tests. The research filled hundred questionnaires from the whole population. This study is quantitative to go inside the phenomena. Researcher collected the data from public and private secondary schools of Lahore. SPSS software was used and applied mean on collected data to come to know the impact of students "daily working routine on their academic achievement at secondary school level. (a) To find out the level of impact of daily working routine on the achievement of the students. (b) To find out the difference between male and female student's academic achievement. (c) To explore the difference between public and private students "academic achievement. This study will be significant for the academic achievement through the use of Television programs that how they can improve their learning process. It will provide a base for the further researcher about the impact of students daily working routine on their academic achievement, This study will be useful to improve the educational standards of any country .It will realize the student about the importance of Television

programs which are helpful in their studies, It would be helpful for parents to realize their duties regarding the education of their children, It would be helpful for the researchers' to relate the Television programs with activities in the classroom. And find reason(a) What is the level of impact of daily working routine on the academic achievement of the students? (b) What is the any relationship between male and female academic achievement? (c) What is the difference between public and private students "academic achievement.

Findings

The study findings show that there is no significant difference exists between the perception of male and female students enrolled in private and public secondary schools in Lahore.

The summary of statistical test shows that there is no significant difference exists between the perception of male and female students enrolled in private and public secondary schools in Lahore.

The statistical result shows that the students perception that daily working routine of the student has an impact on their academic achievement. They also perceive that they can update their academic achievement with the help of daily working routine.

The statistical result shows that the students perception that routines help create an efficient environment-they save time. They also perceive that they can perform daily activities more quickly.

Conclusion

The findings of the study clearly show that overall there exist no significance difference between the opinions of public and private secondary school students about the impact of daily working routine on their academic achievement.

Recommendation

1. Researcher would like to recommend public and private secondary schools to enhance educational facilities, community should involve in decision making.
2. Authorities are requested to pay attention public and private secondary schools where teachers are not so vigilant in bringing quality education.
3. The researcher wants to recommend the future researcher to find out the reason, why the daily working routine has an impact on the student "academic achievements, researchers should be conducted to find out which type of daily working routine plays important rule in increasing the academic achievement of the student.

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